

Chapter 1

Are You An Ultra-Sensitive?

You are an *ultra-sensitive* if you answer a question just before it was going to be asked or your friend may say, "I was just going to say that!" If you know who is calling before you answer the phone you are an ultra. If you call your friends when they were thinking about you that is being an intuitive ultra in action.

As an ultra, your talent is to be telepathic as well as all your other intuitive gifts. Everyone has the potential to be a psychic ultra-sensitive. Because of my forty years of professional experience, I believe that seventy-five per cent of the world population is psychically active. The more you use your abilities the stronger your intuition become.

As an *ultra*, you may dream of a friend and then a day or so later you will hear from your friend. You may receive e-mails, text messages or a letter in the mail from the person that was in your dream that week. Your dream experience is an intuitive dream.

Your mentally linked experiences with your friends are psychic experiences. Your psychic experiences would not have happened if you did not have intuitive abilities. The more often you experience your daily intuitive talents working the more your intuitive abilities will increase.

If you had a specific thought in your mind and the person you are sharing with speaks what was on your mind that is a telepathic communication. Your friend's mind and yours is linked through empathic telepathy during your spontaneous moment in time.

Generally telepathy is not recognized as a viable ability that happens on a daily basis. Many people believe telepathy can only be real when there is a danger to a loved one. If the telepathic message wasn't about danger then it was only coincidental that both of you thought about "the same thing at the same time" and it is of no importance. A telepathic communication can be *insignificant* in nature and still be authentically telepathic and important.

The extreme telepathic-empathic communication will happen between people when there *is* great danger. It will also happen between people that have deep feelings for each other when there is no danger.

Speaking what another person was thinking is definitely an *intuitive moment* in your mental connection together. A telepathic link proves there is a powerful connection between the people involved. The more often you recognize a telepathic link the stronger your telepathic abilities will increase. Test it out by paying attention to how often telepathy happens to you. I find in my life telepathy happens to me ten or twenty times a day.